

#153 APRIL 24, 2024

BLUE MOON BEETS

Official Newsletter for Produce Box lovers!



**COME VISIT OUR PENNINGTON MARKET!
WE ARE OPEN EVERY FRIDAY 9-5 AND
NOW SATURDAYS 9-3.
SHOP OUR RICE SELECTIONS, OUR OWN
PRODUCE AND MUCH MORE!**



Our own Certified Organic Red Spinach
is in all boxes this week!

Red spinach is a source of vitamin K to assist in faster wound healing, vitamin A to maintain healthy organ functioning, and vitamin C to strengthen the immune system while reducing inflammation. The greens also provide calcium and phosphorus to build strong bones and teeth, magnesium to regulate nerve and muscle function, iron to develop the protein hemoglobin for oxygen transport through the bloodstream, and other nutrients, including folate, manganese, fiber, potassium, copper, and zinc. Spinach is valued for containing anti-inflammatory properties and antioxidants to protect the cells against the damage caused by free radicals.



*In your
Box This
Week!*

Asparagus
Heads of Lettuce*
Red Spinach*
Jalapenos
Rainbow Chard*
Microgreens*

Small

Asparagus
Heads of Lettuce*
Rainbow Chard*
Red Spinach*
Black and Tan Rice*
Microgreens*

Medium

Asparagus
Heads of Lettuce*
Green Garlic
Hakurei Turnips
Jalapenos
Rainbow Chard*
Red Spinach*
Rhubarb
Cilantro*
Dill
Black and Tan Rice*
Microgreens*

Large



CONNECT WITH US
FOLLOW US FOR UPCOMING DISCOUNTS AND SPECIAL
NEWS ABOUT OUR FARM. [HTTPS://BLUEMOONACRES.COM](https://bluemoonacres.com)

SHOP@BLUEMOONACRES.COM
215-794-3093
@BLUEMOONACRESFARM
@BLUEMOONACRES



What are we making this week?

Lick-the-Spoon Cilantro Jalapeño Aioli
A Perfect taco topping!!

Directions

Blend mayonnaise, cilantro, jalapeño pepper, garlic, lime juice, cumin, and salt in a blender or food processor until smooth. Pour mixture into a bowl, cover with plastic wrap, and refrigerate until flavors blend, at least 1 hour.



Ingredients

- ¾ cup olive oil mayonnaise
- ½ cup firmly packed fresh cilantro leaves
- 1 jalapeño pepper, seeds removed, diced
- 1 ½ garlic cloves, halved
- ½ lime, juiced
- ¾ teaspoon ground cumin
- ¼ teaspoon salt, or to taste



OUR TRANSPLANT SALE HAS BEEN EXTENDED! IF YOU MISSED THE DEADLINE, NOW IS YOUR CHANCE TO ORDER AGAIN! WE ALSO HAVE THE GARDENER'S BOX STILL AVAILABLE. THIS IS THE BEST GIFT FOR A GARDENER YOU LOVE! ORDER TODAY

